



YEAR 5 RESIDENTIAL TRIP

PGL – WINDMILL HILL

EAST SUSSEX

12th-14th May 2025



PGL WINDMILL HILL

EAST SUSSEX



PGL



PGL



ACCOMMODATION

- Log cabins sleep between 5 and 6 children in en-suite rooms
- We have been allocated Amberstone and Battle.





PROVISIONAL PLAN – MONDAY

Before 9	Breakfast
9.00-10.30	
10.40-12.10	
12.10-2.00	LUNCH (PACKED)
2.00-3.30	Trapeze
3.40-5.10	Archery
5.10-7.30	DINNER
7.30-8.30	Game Show
8.30-9.30	Rest and Bed



PROVISIONAL PLAN – TUESDAY

Before 9	Breakfast
9.00-10.30	Raft Building
10.40-12.10	Sensory Trail
12.10-2.00	LUNCH
2.00-3.30	Abseiling
3.40-5.10	Survivor
5.10-7.30	DINNER
7.30-8.30	Camp Fire
8.30-9.30	Rest and Bed



PROVISIONAL PLAN – WEDNESDAY

Before 9	Breakfast
9.00-10.30	Giant Swing
10.40-12.10	Problem Solving
12.10-2.00	LUNCH
2.00-3.30	DEPART
3.40-5.10	
5.10-7.30	
7.30-8.30	
8.30-9.30	



- ▶ Raft Building
- ▶ Orienteering
- ▶ Hiking
- ▶ All Aboard
- ▶ Archery
- ▶ Zip Wire
- ▶ Aeroball
- ▶ Fencing
- ▶ Canoeing
- ▶ Giant Swing
- ▶ Problem Solving
- ▶ Jacob's Ladder
- ▶ Climbing



ACTIVITIES FOR THE DAYTIME



Activities available ▲

All activity sessions are led by our well trained, enthusiastic instructors and are specially designed to motivate, build confidence and encourage development in pupils.

The full list of activities available at Windmill Hill is featured below. Each evening there'll be a lively activity programme to enjoy too.

[See the evening activities available at Windmill Hill >](#)

Select an activity for a full description

NEW! Archery Tag



- ▶ Further information on activities can be found on PGL Website.
- ▶ https://www.pgl.co.uk/en-gb/school-trips/primary-schools/centres/windmill-hill?gclid=EAlaIQobChMlt92KwKSx_glVXIBQBh1Z_wUoEAYASAAEgKcxvD_BwE



- ▶ All activities are led by PGL trained staff.
- ▶ All groups will have adult supervision during activities.
- ▶ Safety instructions and tuition will be from PGL staff.

FOOD!



- 3 nutritious, balanced meals per day
- Lots of choice
- Vegetarian option
- Salad bar
- Special diets catered for by prior arrangement – remember to complete the food allergies section of the medical form.
- Please **DO NOT** pack 'care Packages' for your child – they will not need it!



BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Sausages	Bacon	Sausages	Bacon	Bacon	Sausages	Bacon
Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)
Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)
Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)
Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)

Available every day: porridge with toppers* selection of cereals and Kelloggs™ granola (ve), assorted yoghurts (v), white or brown toast (ve) & jam (v)

LUNCH

Pepperoni Pizza	Jacket Potato (ve) Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo	Battered Chicken Chunks	Homemade Beef Bolognese	Fish & Chips	Jacket Potato (ve) Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo	Roast Beef
Margherita Pizza (v)		Vegetable Nuggets (ve)	Homemade Vegetable Ratatouille (ve)	Jumbo Sausage	Homemade Chilli Non Carne (ve)	Meatless farm™ Plant-based Chicken Breast (ve)
Plant-based Margherita Pizza (ve)	Homemade Chilli Non Carne (ve)	Served with: Potato Wedges (ve), Peas (ve), Sweetcorn (ve), Sweet Chilli Sauce (ve)	Served with: Penne Pasta (ve), Garlic Bread (v), Grated mild cheddar (v)	Quorn™ Fishless Fingers (ve)	Served with: White Rice (ve)	Served with: Roast Potatoes (ve), Yorkshire Pudding (v), Fresh Broccoli (ve), Baby Carrots (ve), Gravy (ve)
Served with: Skinny Fries (ve)	Served with: White Rice (ve)			Served with: Skinny Fries (ve), Garden Peas (ve)		

Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day

DINNER

Chicken Katsu Curry	Fish Fingers	Chicken Curry	PGL's Sausage Pasta Bake	Beef Burger	Battered Chicken Chunks	Fish Fingers
Homemade Beef Lasagne	Hunters Chicken	Baked Cheesy Meatballs	Chicken Kiev**	Homemade Mac 'n' Cheese (v)	Homemade Beef Lasagne	PGL's Sausage Pasta Bake
Vegetable Lasagne (ve)	Shepherdless Pie (ve)	Vegetable Curry (ve)	Homemade Sausage & Bean Casserole (ve)	Meatless Farm™ Plant Based Burger (ve)	Vegetable Lasagne (ve)	Shepherdless Pie (ve)
Sides: Garlic Bread (v), Rice (ve), Garden Peas (ve), Fresh Broccoli (ve)	Sides: Round Chips(ve), Baby Carrots (ve), Whole Green Beans (ve)	Sides: Rice (ve), Penne Pasta (ve), Mixed Vegetables (ve)	Sides: Mashed Potato (v), Fresh Broccoli (ve), Baby Carrots (ve)	Sides: Curly Fries (ve), Sweetcorn (ve), Whole Green Beans (ve)	Sides: Garlic Bread (v), BBQ Sauce (ve), Skinny fries (v), Mixed Vegetables (ve)	Sides: Cheesy Garlic Potato (v), Baby Potato (ve), Sweetcorn (ve), Whole Green Beans (ve)
Homebaked Iced Sponge Cake (v)	Chocolate Muffin (v)	Jam Doughnuts (v)	Homebaked Chocolate Sponge (v) & Chocolate Custard (v)	Homemade Apple Crumble (ve) & Vanilla Custard (v)	Chocolate Muffin (ve)	Chocolate Cookies (v)

Nothing you fancy? Penne pasta (ve) with tomato sauce (ve) and grated cheese (v) available each day



TRAVEL ARRANGEMENTS – MONDAY 12TH

Time	Action
9:15 AM	Dorking Halls Car Park Find Mr Tinsley / Miss Rahman and be registered, load bag, hand over medicines to Mrs Moore and board coach.
9:30 AM	Coach leaves promptly.
11:00	Arrival at PGL. <u>Packed Lunch required.</u>

TRAVEL ARRANGEMENTS – WEDNESDAY 14TH



Time	Action
2:00 PM	Load Coach, Register and coach leaves Windmill Hill
3:30 PM	Coach arrives at Dorking Halls Car Park . Any delays due to traffic etc. will be notified to School who will advise parents.

FAQ'S



- What do we pack? – Kit List
- Can they take Pocket money? – Suggested £1 per day plus extra for last day for souvenirs (maximum total £5 please).
- Are electronics / Electrical appliances / phones allowed? - **No.**
- What toiletries can they bring? – No aerosols
- Are there Laundry Facilities? – No. In an emergency, the centre can help.



- ▶ Medical form to be completed
- ▶ Contact form to be completed
- ▶ Code of conduct to be completed
- ▶ Ensure school know of allergies / dietary requirements so PGL catering can be informed.

ACTION REQUIRED



BOUGH BEECH THURSDAY 15TH MAY





Time	Action
8:45 AM	Dorking Halls Car Park Find Mr Tinsley / Miss Rahman and be registered.
9:00 AM	Coach leaves promptly.
9:45 AM	Arrival at Bough Beech
2pm	Coach departs. Returning for end of day. (TO SCHOOL)





FRIDAY 16TH MAY

SAYERS CROFT

RIVER STUDY





Time	Action
8:30	Arrival at school. Register and depart.
9.00am	Coach leaves promptly.
9:45	Arrival at Sayers Croft
3.30	Coach departs. Returning to school.







