

# YEAR 5 RESIDENTIAL TRIP PGL – WINDMILL HILL EAST SUSSEX

12th-14th May 2025



# PGL WINDMILL HILL EAST SUSSEX



# **ACCOMMODATION**

Log cabins sleep between 5 and 6 children in en-suite rooms





# PROVISIONAL PLAN – MONDAY



Before 9	Breakfast
9.00-10.30	
10.40-12.10	
12.10-2.00	LUNCH (PACKED)
2.00-3.30	Trapeze
3.40-5.10	Archery
5.10-7.30	DINNER
7.30-8.30	Game Show
8.30-9.30	Rest and Bed

# PROVISIONAL PLAN – TUESDAY



Before 9	Breakfast
9.00-10.30	Raft Building
10.40-12.10	Sensory Trail
12.10-2.00	LUNCH
2.00-3.30	Abseiling
3.40-5.10	Survivor
5.10-7.30	DINNER
7.30-8.30	Camp Fire
8.30-9.30	Rest and Bed

# PROVISIONAL PLAN – WEDNESDAY



Before 9	Breakfast
9.00-10.30	Giant Swing
10.40-12.10	Problem Solving
12.10-2.00	LUNCH
2.00-3.30	DEPART
3.40-5.10	
5.10-7.30	
7.30-8.30	
8.30-9.30	

- Raft Building
- Orienteering
- Hiking
- All Aboard
- Archery
- Zip Wire
- Aeroball
- Fencing
- Canoeing
- Giant Swing
- Problem Solving
- Jacob's Ladder
- Climbing

#### **ACTIVITIES FOR THE DAYTIME**









#### Activities available

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All activity sessions are led by our well trained, enthusiastic instructors and are specially designed to motivate, build confidence and encourage development in pupils.

The full list of activities available at Windmill Hill is featured below. Each evening there'll be a lively activity programme to enjoy too.

See the evening activities available at Windmill Hill >

Select an activity for a full description

NEW! Archery Tag



- Further information on activities can be found on PGL Website.
- https://www.pgl.co.uk/en-gb/school-trips/primaryschools/centres/windmillhill?gclid=EAlalQobChMlt92KwKSx\_glVXIBQBh1Z\_wUoEA AYASAAEgKcxvD\_BwE





- All activities are led by PGL trained staff.
- ► All groups will have adult supervision during activities.
- Safety instructions and tuition will be from PGL staff.

# FOOD!



- 3 nutritious, balanced meals per day
- Lots of choice
- Vegetarian option
- Salad bar
- Special diets catered for by prior arrangement
  - remember to complete the food allergies
  - section of the medical form.
- Please <u>DO NOT</u> pack 'care Packages' for your child – they will not need it!



Pepperoni Pizza

Margherita Pizza (v)

Plant-based Margherita Pizza (ve)

Served with: Skinny Fries (ve)

Jacket Potato (ve)

Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo

Homemade Chilli Non Carne (ve)

Served with: White Rice (ve)

**Battered Chicken** Chunks

Vegetable Nuggets (ve)

Served with: Potato Wedges (ve), Peas (ve), Sweetcorn (ve), Sweet Chilli Sauce (ve)

Homemade Beef Bolognese

Homemade Vegetable Ratatouille (ve)

Served with: Penne Pasta (ve). Garlic Bread (v), Grated mild cheddar (v)

Fish & Chips

**Jumbo Sausage** 

Quorn<sup>™</sup> Fishless Fingers

Served with: Skinny Fries (ve), Garden Peas (ve)

Jacket Potato (ve)

Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo

> Homemade Chilli Non Carne (ve)

Served with: White Rice (ve)

Roast Beef

Meatless farm™ Plantbased Chicken Breast (ve)

Served with: Roast Potatoes (ve), Yorkshire Pudding (v), Fresh Broccoli (ve), Baby Carrots (ve), Gravy (ve)

Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day

Chicken Katsu Curry Homemade Beef

Lasagne

Vegetable Lasagne (ve)

Sides: Garlic Bread (v), Rice (ve), Garden Peas (ve), Fresh Broccoli (ve)

Fish Fingers

**Hunters Chicken** 

Shepherdless Pie (ve)

Sides: Round Chips(ve), Baby Carrots (ve), Whole Green Beans (ve)

Chicken Curry

Baked Cheesy Meatballs

Vegetable Curry (ve)

Sides: Rice (ve), Penne Pasta (ve), Mixed Vegetables (ve)

PGL's Sausage Pasta

Bake

Chicken Kiev\*\*

Homemade Sausage & Bean Casserole (ve)

Sides: Mashed Potato (v), Fresh Broccoli (ve), Baby Carrots (ve) Beef Burger

Homemade Mac 'n' Cheese (v)

Meatless Farm™ Plant Based Burger (ve)

Sides: Curly Fries (ve), Sweetcorn (ve), Whole Green Beans (ve)

**Battered Chicken** Chunks

Homemade Beef Lasagne

Vegetable Lasagne (ve)

Sides: Garlic Bread (v), BBQ Sauce (ve), Skinny fries (v), Mixed Vegetables (ve)

Sides: Cheesy Garlic Potato (v),

Baby Potato (ve), Sweetcorn (ve), Whole Green Beans (ve)

Fish Fingers

PGL's Sausage Pasta

Bake

Shepherdless Pie (ve)

Homebaked Iced Sponge Cake (v)

Chocolate Muffin (v)

Jam Doughnuts (v)

Homebaked Chocolate Sponge (v) & Chocolate Custard (v)

Homemade Apple Crumble (ve) & Vanilla Custard (v)

Chocolate Muffin (ve)

Chocolate Cookies (v)

Nothing you fancy? Penne pasta (ve) with tomato sauce (ve) and grated cheese (v) available each day

#### TRAVEL ARRANGEMENTS – MONDAY 12TH

Time	Action
9:15 AM	Dorking Halls Car Park Find Mr Tinsley / Miss Rahman and be registered, load bag, hand over medicines to Mrs Moore and board coach.
9:30 AM	Coach leaves promptly.
11:00	Arrival at PGL.  Packed Lunch required.

### TRAVEL ARRANGEMENTS – WEDNESDAY 14TH



Time	Action
2:00 PM	Load Coach, Register and coach leaves Windmill Hill
3:30 PM	Coach arrives at <b>Dorking Halls Car Park</b> . Any delays due to traffic etc. will be notified to School who will advise parents.

# FAQ'S



- What do we pack? Kit List
- Can they take Pocket money? Suggested £1 per day plus extra for last day for souvenirs (maximum total £5 please).
- Are electronics / Electrical appliances / phones allowed? - No.
- •What toiletries can they bring? No aerosols
- Are there Laundry Facilities? No. In an emergency, the centre can help.



- Medical form to be completed
- Contact form to be completed
- Code of conduct to be completed
- Ensure school know of allergies / dietary requirements so PGL catering can be informed.

### **ACTION REQUIRED**



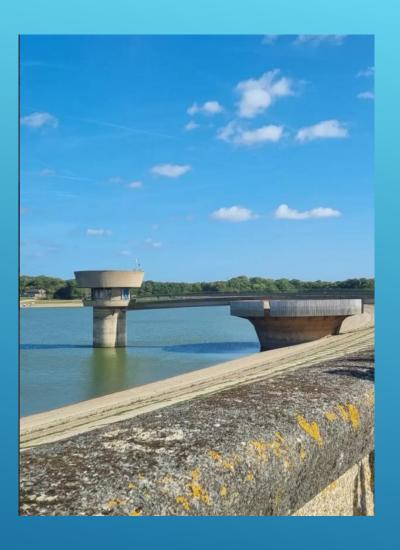
# BOUGH BEECH THURSDAY 15<sup>TH</sup> MAY



Time	Action
8:45 AM	Dorking Halls Car Park Find Mr Tinsley / Miss Rahman and be registered.
9:00 AM	Coach leaves promptly.
9:45 AM	Arrival at Bough Beech
2pm	Coach departs. Returning for end of day. (TO SCHOOL)

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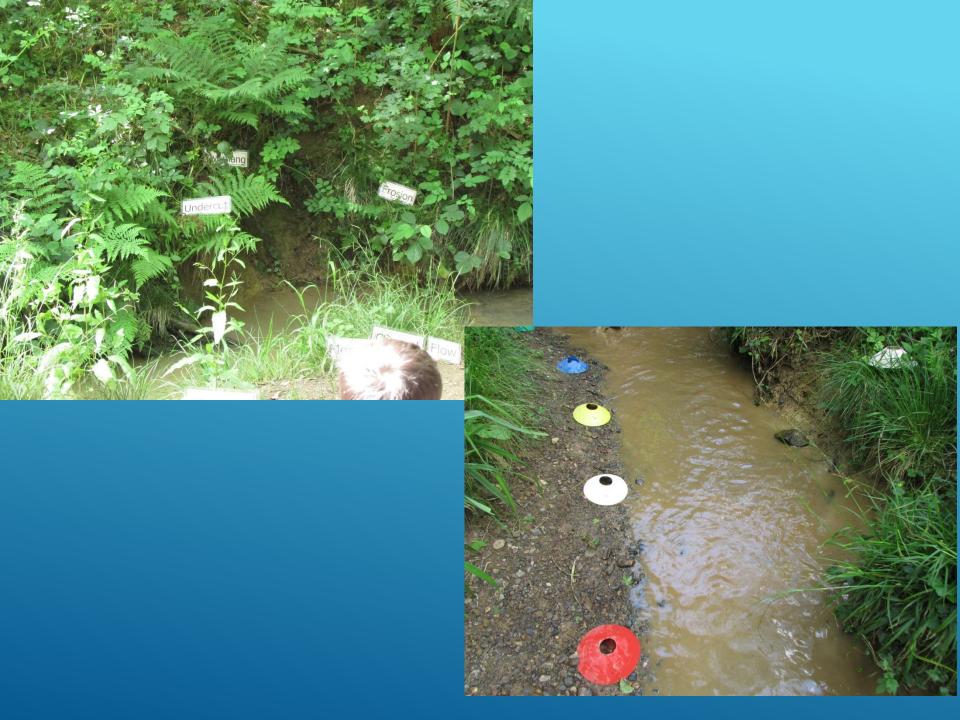
# FRIDAY 16<sup>TH</sup> MAY SAYERS CROFT RIVER STUDY



Time	Action
8:30	Arrival at school. Register and depart.
9.00am	Coach leaves promptly.
9:45	Arrival at Sayers Croft
3.30	Coach departs. Returning to school.

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